

OCTOBER AREA NEWS 2010 **CHURCH NEWS** **STARMONT** **SUBMIT NEWS** **RECREATIONAL FAMILY FUN**
FAVORITE RECIPES **PAST NEWS ARTICLES** **ADVERTISING**

O CTOBER A REA N EWS 2 0 1 0



BRINGING COMMUNITIES TOGETHER
*With local news from Arlington, Lamont,
 Strawberry Point, Aurora & the surrounding areas.*

Events Calendar

News

Headlines

2011 Nutrition Calendars Available

"Healthy & Homemade" is the theme of the 2011 full-color calendar offered by Iowa State University Extension. Each month features an easy-to-prepare recipe plus menu ideas and an activity tip.

"Our goal is to give families quick, monthly reminders of things they can do to be more healthy," said Cindy Baumgartner, ISU Extension Nutrition and Health Specialist in northeast Iowa.

Each month features an easy-to-prepare recipe with nutritional analysis, menu idea, and full-color photo. The calendar includes fitness tips plus space for tracking daily fitness activities.

More than 230,000 copies of the English and Spanish versions have been distributed for use in nutrition programs across the country and in Guam.

The Northeast Iowa Food & Fitness Initiative (FFI) is proud to be a sponsor of the 2011 Nutrition Calendar in Allamakee, Clayton, Chickasaw, Howard, Fayette and Winneshiek counties. Contact the county Iowa State University Extension office in those counties for your free copy. The FFI is working to create community environments that support access to fresh, locally grown, healthy, affordable food and safe environments for physical activity and play.

CITY OF AURORA NOTICE OF THE REGULAR
 MEETING OF

M EMBERS A REA

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C ONTACT M E

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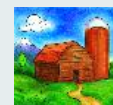
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Winthrop 563-935-3364
Manchester 563-927-6019
Hopkinton 563-926-2250
Ryan 563-929-2561
Monticello 319-465-5921



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Country Cook

Obituaries

From the Cedar Rapids
 Gazette

City Government Directory

Arlington

Find Arlington on Facebook

City Clerk 563-633-2345

Library 563-633-3475

Post Office 563-633-3785

Lamont

Find Lamont on Facebook

City Clerk 563-924-2194

Library 563-924-3202

Post Office 563-924-2035

Strawberry Point

Find Strawberry Point on Facebook

History

City Hall 563-933-4482

Mayor Newsletter

City Council Minutes

City Council Agendas

THE AURORA CITY COUNCIL

Tuesday October 12, 2010 - 7:30 PM at
the Aurora Library - 401 Woodruff ST

4-H Teen Leaders Attend Regional Training

4-H County Council members recently attended a regional training by Iowa State University Extension. Teen leaders from Allamakee, Chickasaw, Clayton, Howard, Fayette and Winneshiek counties attended.

The County 4-H Council is composed of energetic and positive high school students who act as ambassadors for 4-H. One of their major responsibilities is planning the county 4-H activities each year. At the regional retreat, members get to know each other through team building and leadership activities. 4-H County Council members plan programs, promote 4-H, help to ensure funding for 4-H programs, and form friendships that last a lifetime.



Pictured are members and advisors from Clayton County, Front Row: Macy Walz, Becca Thein, Max Medberry. Middle row: Hannah Powell, Alexandra Althoff, Katie Plözel, Lauren Foxwell, Margo Walz. Back Row: Tammy Muller, Zach Sauer, Payson Kerns, Angie Sperfslage, Gina Fisher, Sarah Meyers, Amy Doeppke, Jake Mills.

Older, Wiser, Livelier, Souls

"White Pine Hollow State Preserve

Thursday, October 21st

Shuttle leaves at 10:20 from the Osborne Center Reservations Required at 245-1516

Come join another of Osborne's Older, Wiser, Livelier, Souls programs on Thursday, *October 21st*. Keeping with this year's theme "Rediscovering Northeast Iowa Treasures," this month's tour will take a scenic fall drive to "White Pine Hollow State Preserve" where participants will hike through part of this "National Natural Landmark". This hike will cross a creek and is steep in parts so good shoes and long pants are required.

As in the past, participants have the option of a catered lunch after the tours. Participants riding the shuttle from Osborne should meet at 10:20

Osborne Nature Center is located on HWY 13 five miles south of Elkader. For more information on these events

Country Cooking
563-933-4663
119 Commercial St
Strawberry Point



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Child Care
563-933-2514

Strawberry Point Lutheran Home
for the Aged
"The Home that Love Built"
 **563-933-6037** 

Clayton County Food Shelf


Library 563-933-4340
Monday 9:00 a.m. - Noon
2:00 pm - 8:00 pm
Tuesday 2:00 pm - 6:30 pm
Wednesday 9:00 am - Noon
2:00 pm - 8:00 pm
Thursday 2:00 pm - 6:30 pm
Friday 2:00 pm - 6:30 pm
Saturday 9:00 am - Noon

Strawberry Police
563-933-2210

Post Office 563-933-6050

Window Hours:

Monday-Friday

8:30 a.m. - 11:00 a.m.

Noon - 4:45 p.m..

Saturday - 10:00 a.m. - 11:00 a.m.

Lobby Hours: 7am- 7pm Mon-Sat

Strawberry Point
Economic Development

Aurora

Hospital

Regional Medical Center

563-927-3232

Mercy Hospital

319-283-6000

Backbone State Park

Ewalu

Economic Development

Buchanan County

Clayton County

Fayette County

Delaware County

Extension Offices

Extension Office Calendars

Clayton County Events

Buchanan County

Events

Fayette County Events

Delaware County Events

Fair Events

Clayton County

Buchanan County

Fayette County

Delaware County

Court Houses

Clayton County

Fayette County

Buchanan County

Delaware County

4-H Local Groups
Strawberry Point
Lodomillo Leaders ,Peppy Pointers
563-245-1451

Lamont
Madison Mixers 319-425-3339

Arlington
Arlington Ignitros 563-425-3331
Please contact your area for more
information about joining

call 563-245-1516 or visit
www.claytoncountyconservation.org.

Stars Continue Cross Country Season

After a 10 day mid-season break, the Starmont Cross Country teams returned to action at the Independence and Jesup Invitionals. At Independence, the girls team placed 9th in the 13 team field with 212 points, while the boys placed 8th out of 14 teams also scoring 212 points. South Winn won the girls’ team title with 46 points and Marion won the boys’ team title with 31 points. The Jesup Invitational saw the Starmont boys’ place 9th in the 21 team field with 267 points. The girls’ team was 17th out of 21 teams with 441 points. Denver-Tripoli won both team titles with the boys scoring 58 points and the girls scoring 57 points.

[Read More](#)

Middle School Cross Country

Starmont’s Middle School Cross Country runners competed in their 4th meet of the season at the Independence Invitational on Saturday, September 25th. The young Stars competed in a field that consisted of 103 7th graders and 82 8th graders. The 7th and 8th grade boys competed in one race, while the girls competed in a second race. There was no team scores kept for the meet.

[Read More](#)



Capitol Comments

By State Representative Roger Thomas

The state officially closed the books on the 2010 fiscal year with the second highest surplus in the last ten years. The surplus was higher than expected with \$335.6 million and an additional \$419 million in the state’s savings accounts. Non-partisan experts had anticipated a \$100 million surplus but the improving economy and our fiscal discipline led to an additional \$234.9 million surplus when the fiscal year ended in June.

[Read More](#)

SHUTTLE SERVICE OFFERED FOR OSBORNE HERITAGE DAYS

The staff of the Osborne Conservation Center announced that shuttle bus services would be offered again this year for Osborne Heritage Days, on October 9 and 10. Buses will run from Elkader and Strawberry Point to the Osborne Center.

In Elkader, the bus will load at the Elkader Campground

St Olaf, Ia
563-783-7794

Aurora Comet Center

1-319-634-FITT

auroracometcenter@gmail.com



Daycare & Preschool

563-633-4900

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W EBS C OUNTER

and downtown at the Keystone Park, and in Strawberry Point at the Franklin Hotel. This shuttle service will run continuously starting from 10:00am until 4:00pm each day. Local residents are encouraged to use this service to help cut down on parking congestion at the Heritage Days site. By taking the bus, visitors can also avoid long walks from parking areas to the Osborne Pioneer Village.

The bus is sponsored by the Elkader Area Chamber of Commerce, Elkader Economic Development, Main Street Elkader, Strawberry Point Chamber of Commerce, and Strawberry Point Economic Development. For more information, contact the Osborne Center office at (563) 245-1516.

HERITAGE DAYS AUCTION BENEFIT FOR NEW OSBORNE CAMPGROUND

An auction of unique handcrafted items and wildlife art will be held as a part of the Osborne Heritage Days celebration on October 9 and 10. The auction will be held at 2:00 p.m. on Sunday, October 10, in the Osborne Conservation Center's Pioneer Village. Jerry Maker of Strawberry Point, Iowa, will be the auctioneer for the Heritage Days Auction.

Many of the items to be sold are made by Heritage Days exhibitors exclusively for this auction. Some of the items sold in past years include handcrafted baskets, a wrought iron dinner bell, carved walking sticks, buffalo sausage and jerky, woven rugs and farmer's market items. Funds from this auction will go toward future projects at the Osborne Center.

Heritage Days is held at the Osborne Conservation Center, 5 miles south of Elkader on Highway 13. For more information, contact the Osborne office at (563) 245-1516.



Ask the ISU Extension Garden Experts

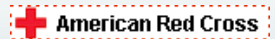
Ask the ISU Extension Garden Experts About: Harvesting Green Tomatoes and Storing Apples and Gladiolus Bulbs & Ask the ISU Extension Garden Experts About: Trees, Composting and Canna Bulbs

**Trick or Treating in Strawberry Point will be on Sunday, October 31
Halloween night from 4:30 to 7:00**

Reserve Your Strawberry Point Cookbook Now!

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[Mail a Donation](#)

Find and contact your local Red Cross chapter by using the Zip Code locator.

Call 1-800-REDCROSS (1-800-733-2767)
or 1-800-257-7575 (Español)

[Make a secure, online donation](#)

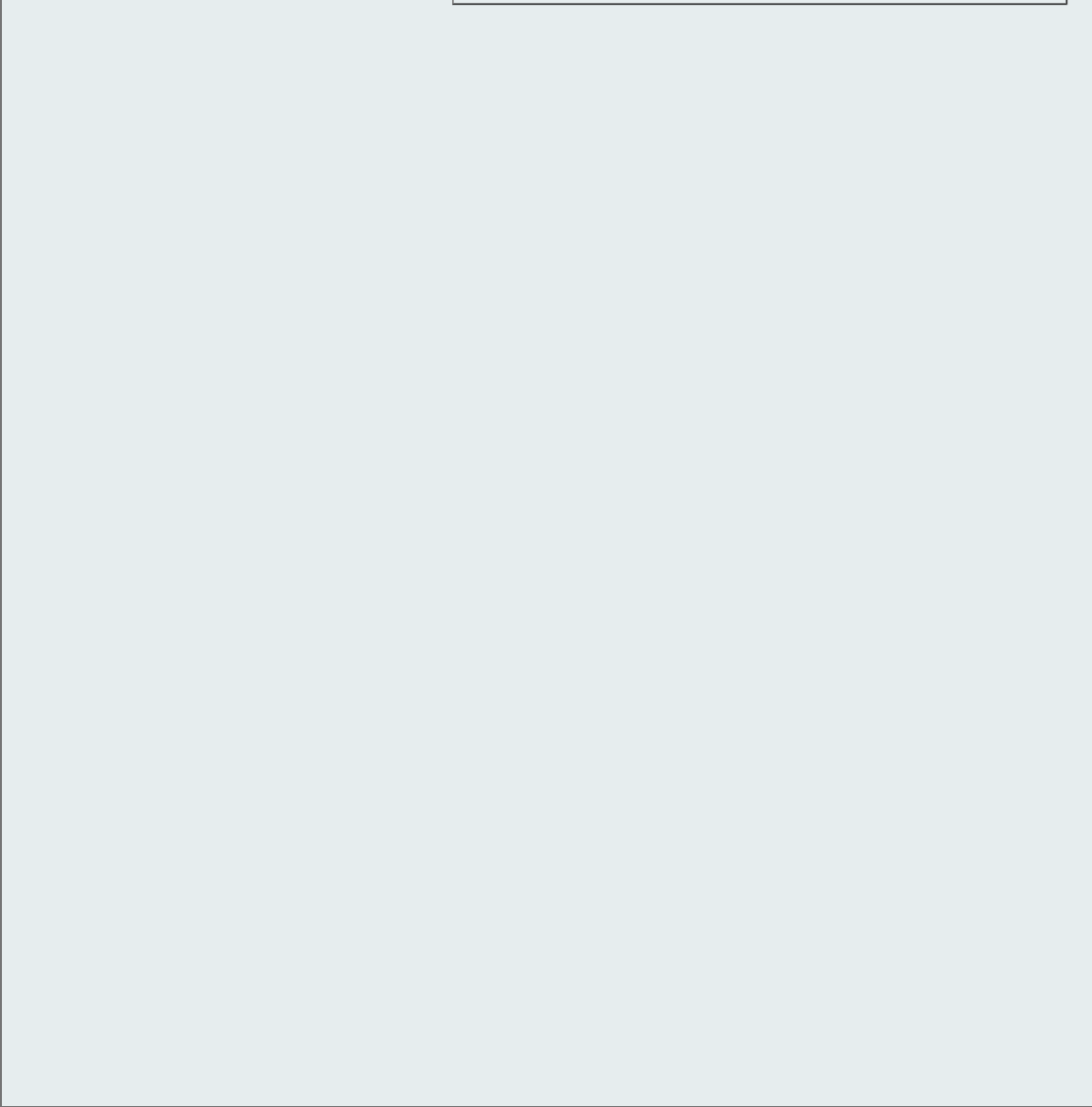
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